



Health Services

Head Lice Information for Parents/Guardians

Your child was found to have Head Lice. Head Lice are treatable and not associated with any serious health concerns. This letter will acquaint you with Head Lice and what can be done to get rid of them.

How You Get Head Lice: Head Lice are spread through close personal contact with a person who has head lice. (Such as head to head contact during a sleep over) Spreading of lice may occur through sharing of combs, brushes, hats etc. Most parents have the impression that lice are more likely to be on people that are unclean. This is not true. Frequent bathing will neither prevent nor eliminate Head Lice.

Treatment of the Hair:

LICE-FREEE is the product that I recommend. It comes in a gel or spray. It's an all-natural product.

Lice-Freee can be purchased at Hy-Vee, Thrifty White, and Dollar General.

Day 1 _____ Treat hair with Lice Freee - this will kill live lice but not unhatched eggs.
Comb with lice comb from scalp to tip.
Wash sheets and bedding in hot water and then dry in hot dryer regularly.

Days 2-7: Continue to use lice comb daily. Combing is extremely important.

Day 8 _____ Treat hair. This second treatment should kill any newly hatched lice.

Days 9-15: Continue to use lice comb daily from scalp to tip. Combing is extremely important.

Day 16: _____ 3rd treatment is recommended as a precaution.

It's important to follow the above schedule for effective treatment.

Not Recommended

RID and NIX or generic brands of these are not recommended, (these products contain the chemical pesticide- pyrethrum, and most lice are resistant to this chemical and will not kill the lice)

Your child may return to school after the 1st treatment is completed, which usually is the next school day.

Please call me with any questions you have. It may save you money, time and frustration.

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