C:\Users\michelle_thompson.LYNX.015\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\82T6KQNO\MC900446070[1].wmf**Webster City Community Schools**C:\Users\michelle_thompson.LYNX.015\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\82T6KQNO\MC900239665[1].wmf

**Health Services**

**Head Lice Information for Parents/Guardians**

*Your child* was found to have Head Lice. Head Lice are treatable and not associated with any serious health concerns. This letter will acquaint you with Head Lice and what can be done to get rid of them.

**How You Get Head Lice:** Head Lice are spread through close personal contact with a person who has head lice. (Such as head to head contact during a sleep over) Spreading of lice may occur through sharing of combs, brushes, hats etc. Most parents have the impression that lice are more likely to be on people that are unclean. This is not true. Frequent bathing will neither prevent nor eliminate Head Lice.

**Treatment of the Hair:**

**LICE-FREEE** is the product that I recommend. It comes in a gel or spray. It’s an all-natural product.

Lice-Freee can be purchased at Hy-Vee, Thrifty White, and Dollar General.

**Day 1** \_\_\_\_\_\_\_\_\_\_\_\_\_Treat hair with Lice Freee - this will kill live lice but not unhatched eggs.

Comb with lice comb from scalp to tip.

*Wash sheets and bedding in hot water and then dry in hot dyer regularly.*

**Days 2-7**: Continue to use lice comb daily. Combing is extremely important.

**Day 8** \_\_\_\_\_\_\_\_\_\_\_\_\_\_ Treat hair. This second treatment should kill any newly hatched lice.

**Days 9-15**: Continue to use lice comb daily from scalp to tip. Combing is extremely important.

**Day 16:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3rd treatment is recommended as a precaution.

**It’s important to follow the above schedule for effective treatment.**

***Not Recommended***

*RID and NIX or generic brands of these are not recommended, (these products contain the chemical pesticide- pyrethrum, and most lice are resistant to this chemical and will not kill the lice)*

*Your child may return to school after the 1st treatment is completed, which usually is the next school day.*

Please call me with any questions you have. It may save you money, time and frustration.

Lea Ahrens RN, School Nurse 515-832-9220